

Who Should Attend

All construction personnel at any job site. The Occupational Safety and Health Administration (OSHA) recommends that construction companies have at least one person at each job site that is trained and available for first aid.

This course is tailored specifically for the construction industry, and is certified by the American Heart Association.

Check your First Aid/CPR card! Has it expired? Most are good for 2 years.

This training can save lives – making it invaluable to you, your company and your co-workers. Learn the construction-specific first aid, life-saving, and injury-assessment techniques that are essential for all construction personnel.

- Props and equipment, such as CPR masks and portable defibrillators, make the workshop hands-on and interactive.
- Group practice and role play enhance emergency response instruction.
- Participants will receive a wallet certificate for both CPR and First Aid Training, valid for 2 years.

First Aid and CPR Training for Construction Personnel

Associated Builders and Contractors of Georgia, Inc.

Thank you to our 2010 Safety Program Sponsor:



About the Instructor

Wayne Hopkins with Hopkins Safety Training is a certified American Heart Association instructor.

Wayne serves as District Safety Coordinator for Alpha Insulation & Waterproofing, where he is responsible for Alpha's job site safety up and down the East Coast. Wayne spends much of his time traveling the East Coast, teaching construction workers how to save lives. Wayne is a member of ABC of Georgia's Safety Forum.

What You will Learn

- ⇒ CPR training, including adult CPR and conscious/unconscious obstructed airway techniques.
- ⇒ Life-saving techniques and treatment of
 - wounds
 - obstructed airways
 - heat stroke/exhaustion
 - control of bleeding
 - transportation/lifting of accident victims and victims with other injuries

When: Friday, September 17, 7:30 a.m.—12:30 p.m.
Registration deadline September 15

Where: ABC Training Center, 8975 Roswell Rd. (Exit 6 – Northridge Rd. – off GA 400) Directions will be sent to registrants.

Registration: \$75 (ABC members) OR \$100 (non-members). **NOTE:** Those paying by check may deduct 5% off the total if check is received one week prior to seminar date.



Associated Builders and Contractors of Georgia, Inc.

8975 Roswell Road, Atlanta, GA 30350

Ph: 770.587.0955 Fax: 770.587-0430 www.abcga.org

REGISTRATION

Registration fee is fully refundable up to 2 business days prior to seminar. You must call to cancel. Failure to do so will result in forfeit of registration fee. Registration fees for no-shows are non-refundable. Substitutions may be made at any time by calling ABC at (770) 587-0955. Confirmation, reminder and directions will be sent 2 days prior to seminar.

ABC of Georgia's **First Aid/CPR** seminar is \$75 for ABC members and \$100 for non-members. To register, complete the information below and mail or fax to ABC of Georgia. Please keep a copy for your records. Or register online at www.abcga.org.

Deadline to register is September 15.

1. Please register the following: (please print)

_____ **\$75 ABC Members** or _____ **\$100 Non-members**
(Indicate number attending) *(Indicate number attending)*

2. Company: _____

3. Name: _____ Title _____ e-mail: _____

Name: _____ Title _____ e-mail: _____

Name: _____ Title _____ e-mail: _____

Name: _____ Title _____ e-mail: _____

Name: _____ Title _____ e-mail: _____

(Attach second sheet for additional names.)

4. Indicate form of payment: (PAYMENT MUST BE RECEIVED PRIOR TO SEMINAR) **NOTE:** Those paying by check may deduct 5% off the total if check is received one week prior to seminar date.

Check enclosed for \$ _____

Charge (Visa, MasterCard, American Express)

card #: _____ exp. date: _____ name: _____
(as it appears on card - please print)

The views, analysis and opinions expressed by the speakers during the seminar or stated in any hand-outs during the seminar are not necessarily those of ABC and should not be considered as professional advice applicable to a specific matter upon which an attendee could rely. Every attendee should consult with his or her professional (accountant, attorney, engineer, etc.) regarding the applicability of any information, advice or opinion received at this seminar. Likewise, any materials disseminated should be reviewed by the attendee's own professional advisor(s) and are not intended to be a substitute for professional advice on any specific matter.

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Register online at: www.abcga.org

e-mail: jeanne@abcga.org